

# schedule

- 9.30 Registration and Vendor/Service Fair
- 10.00 Opening Session
- 10.15 Key Note Speaker - Dawn Rundman
- 11.15 Break
- 11.20 Self Care for Busy Parents - Kari Jo Fore
- 12.20 Lunch
- 12.45 Hands on Family Prayer Time -  
Carole De Jardin
- 1.45 Break
- 2.00 Panel Discussion
- 3.15 Worship & Closing
- 3.30 Send-off

# registration

- Register at [bethelhudson.org](http://bethelhudson.org)
- \$20 / single or \$30 / two
- Free childcare (activities & yoga)
- Snacks provided
- Lunch included from Panera
- Financial assistance available - see the registration form for details

# PARENTING SUMMIT 2019

mind . body . spirit

A day for parents, caregivers and anyone with a role in the lives of those birth - age 6

# sponsored by

- Bethel Lutheran Church
- Bethel Highlands Preschool

# vendor / service fair

Continue your learning and success at home with items from our vendors including:

- Free Spirit Publishing
- Turningpoint
- United Way
- DoTerra Essential Oils
- Hudson Area Backpack Program
- YMCA
- and more!

Contact:  
Carole De Jardin ([cdejardin@bethelhudson.org](mailto:cdejardin@bethelhudson.org))

# questions

# mission

To nurture the mind, body and spirit of your little one and yourself

**SATURDAY, FEBRUARY 9, 2019**  
**BETHEL HIGHLANDS CAMPUS**

504 FRONTAGE RD, HUDSON, WI



# keynote

mind . spirit

DAWN RUNDMAN

Dawn Rundman is a nationally recognized teacher, presenter, author, and resource provider specializing in children's faith development. She received her Ph.D. in Developmental Psychology from the University of Oregon. Since 2002 she's developed faith formation resources at Sparkhouse and Augsburg Fortress, two publishing units of 1517 Media.

Dawn speaks and leads workshops across the country at conferences and congregations. Her writing has appeared in Children's Ministry Magazine, Youth Worker Journal, and Living Lutheran, as well as blogs for Sparkhouse, Beaming Books, and MOPS. Dawn's first children's book was *Alphabet Adventure*, written especially for 3-year-olds. Her latest book is [Little Steps, Big Faith: How the Science of Early Childhood Development Can Help you Grow Your Child's Faith.](#)

Dawn co-hosts the Creativity Drill Podcast, with her husband musician Jonathan Rundman.

# workshops

mind . body . spirit

KARI JO FORE

Kari Jo Fore has her Bachelor's Degree in Psychology with an emphasis on Child Development from UW-Madison. In 2012 she completed her Wisconsin Administrator's Credential.

Kari Jo has been the director at Bethel Highlands Preschool since it opened in 2007. Prior to serving Bethel, Kari Jo worked as the Children's Ministry Director at St. Stephen Church in Bloomington, MN. Currently she sits on the executive board of United Way's Success by 6 and on the editorial team for Family First newspaper, where she is a quarterly article contributor. She is passionate about early childhood education and parent support, staying focused on big-picture goals in the midst of daily demands.

Kari Jo has two teenage boys who she raised as a single mother from the time they were very young. In the summer of 2017, she became a step-mom to three more big kids in an awesome blended family. Having struggled as a single parent, with each of her boys having very unique needs, Kari Jo is sensitive to the stories that come with each family.

# workshops

spirit

CAROLE DE JARDIN

Carole is the Director of Children's Ministry at Bethel Lutheran Church. She has her Bachelor's degree from UW-Lacrosse and has a Youth and Family certification from Wartburg Seminary and has worked in Children and Family Ministry for 32 years. Carole is also a Facilitator of Milestone Ministry and Peer Ministry. She is passionate about teaching parents and kids of all ages to engage in daily vibrant faith practices.

## panel discussion

mind . body . spirit

Bring your questions because we have the experts! This is your time to ask the questions you've had for months and those that develop throughout the day. Panelists will include the following experts:

- Children's Play Therapist
- Child Psychologist / Counselor
- Early Childhood Education Program Director
- Pediatric and Family Nurse Practitioner
- Preschool Director